

Required Courses

In order to graduate, VRHS students are required to earn 25.5 of the following credits:

- 4 Credits of English
- 3 Credits of Mathematics
- 3 Credits of Science
- 3 Credits of Social Studies
- 1 Credit of Physical Education
- 1 Credit in the Arts, Vocational Education or Tech Ed
- 8 Credits of Electives
- 1 Credit of Senior Capstone Internship
- .5 Credit of Health
- .5 Credit of Summer Reading over 4 years
- .5 Credits of Summer Reading



Counseling Services

The School Counseling Department addresses the academic, career and personal/social development of all students. They collaborate with classroom teachers, support personnel, and parents in understanding and meeting the needs of all students in the school environment.

Counselors meet with students individually, in small groups, and in the classroom setting to discuss goal setting, testing results, and their 4-year course sequence. They guide students with post high school planning, researching and navigating the college process.

Valley Regional High School
256 Kelsey Hill Road
Deep River, CT 06417

www.vrhs.reg4.k12.ct.us

VRHS School Counseling



Lorraine Duffy

Department
Coordinator



About Our Counselors

Counselors are assigned to students beginning freshman year. They remain with the same counselor for all four years. This allows the counselor to understand and know each student well. It also allows the student the same benefits.

Students may fill out an appointments request forms which are located in the counseling department to schedule a meeting. The counseling staff welcomes ongoing contact with parents and recommends scheduled appointments to address questions or concerns.

Students are assigned a specific counselor by their last name. If you do not know who your student's counselor is, please call.

All professional school counselors must have a Masters Degree in School Counseling and meet certification requirements as defined by the Connecticut Department of Education.

Valley Regional High School Counselors are members of the following professional organizations:

- Connecticut School Counselors Association
- The New England Association for College Admission Counseling

Useful Websites

CollegeBoard.com
SAT registration dates
and college searches

ACTStudent.org
ACT Registration, interest
and inventories

[Connection.Naviance.com/
ValleyRHS](http://Connection.Naviance.com/ValleyRHS)
College Research

FafSa.ed.gov
Federal Financial Aid

Class Rank and GPA

Class rank is weighted and is determined by calculating the Class Rank Score, which is the sum of all levels & credit weighted final grades divided by the total number of credits excluding PE.

A basic unweighted GPA on a 4.0 scale is provided on the transcript.